

# Conference Registration

6CE Credits for school psychologists,  
BCBAs, and educators

PLEASE REGISTER BY **October 24, 2019**  
PLEASE FILL OUT FORM COMPLETELY AND  
INCLUDE PAYMENT WITH REGISTRATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Email: \_\_\_\_\_

Conference slides will be sent electronically, not printed.  
Conference Fee includes continental breakfast, snacks, and lunch  
buffet. For those with dietary restrictions or other special needs,  
please enter your email address above and list your needs below.

- NHASP/NHPA Member \$150.00
- Student \$75.00 (email address required)\*
- NE Regional State Assoc. Member \$150.00  
Which state (required): \_\_\_\_\_
- All Others \$185.00

Online Registration and NHASP membership forms are  
available on the website. Please visit: [nhaspweb.org](http://nhaspweb.org)

All registrations **must be prepaid** or be associated with a  
valid purchase order number. Payment receipt will be sent  
to address provided upon request. Cancellations received  
prior to October 24, 2019 will be refunded less a 5%  
administrative fee. No refunds will be provided for  
cancellations received after 5pm on October 24, 2019. In  
case of inclement weather, notification of postponement  
will be made by email as soon as possible.

\*Students currently enrolled (minimum 6 credits/semester)  
in a school psychology or a related field.

**Make check payable to: "NH Assoc of School  
Psychologists" and mail to:**

**NHASP - Conference  
Karen Mayo, CPA  
80 Kearsarge Ave, Contoocook, NH 03229**

**Required For Purchase Orders:**

**PO#:** \_\_\_\_\_

**Contact Person:** \_\_\_\_\_

New Hampshire Association of School Psychologists  
490 Kearsarge Ave  
Contoocook, NH 03229



**New Hampshire  
Association of School  
Psychologists**

**Annual Fall Conference  
Monday, October 28, 2019**

## Learning to Thrive

**Enhancing Therapeutic and  
Educational Outcomes in Schools  
with Acceptance & Commitment  
Therapy (ACT)**

Presenter

**Evelyn Gould, Ph.D., BCBA-D**

*Child and Adolescent OCD Institute  
McLean Hospital, Harvard Medical School*

*Co-Sponsored by the New England Center for OCD and Anxiety*

7:15am Registration; 8:00-3:30 Workshop

Grappone Conference Center  
Concord, NH

**NHASP Fall Conference  
October 28, 2019**

**Learning to Thrive  
With Evelyn Gould, Ph.D., BCBA-D**

## Learning to Thrive

### Enhancing Therapeutic and Educational Outcomes in Schools with Acceptance & Commitment Therapy (ACT)

## Learning Objectives:

1. Define ACT as a behavior analytic treatment approach and describe the potential benefits of integrating ACT into educational settings
2. Describe the role of private events (e.g., maladaptive rule-following and rule-deriving) in problematic patterns of child, parent, and staff behavior in educational settings
3. Explain the importance of considering developmental factors when working with children and adolescents from an ACT perspective
4. Describe how the psychological flexibility model applies to:
  - a) Teachers and other school staff
  - b) Children and adolescents
  - c) Practitioners (self)
5. Identify at least one ACT-based intervention that might be utilized by practitioners to facilitate desired behavior change in:
  - (a) Children or adolescents ;
  - (b) Parents & school staff
  - (c) The self (i.e., ACT as applied to enhanced self-care practices)
6. Discuss common ethical and practical challenges that can arise when attempting to implement ACT interventions in educational settings
7. Describe professional development pathways to build competency in ACT practices

#### Contact Info:

*Ryan Long, NHASP President*  
[ryanlongspnh@gmail.com](mailto:ryanlongspnh@gmail.com)

## Schedule

7:15am:	Registration Opens
8:00-10am:	Morning Session I
10am:	Morning Break
10:15-noon:	Morning Session II
Noon:	Lunch
1pm-2:00pm:	Afternoon Session I
2:00:	Afternoon Break
2:15-3:30pm:	Afternoon Session II
3:30pm:	Conference Ends

## Conference Description

This intermediate level presentation is appropriate for psychologists/school psychologists, BCBAs, and mental health professionals working with youth and families of any age level.

Acceptance & Commitment Therapy (ACT; Hayes, Strosahl, & Wilson, 2003) is a behavior analytic, scientifically validated approach to enhancing human well-being and increasing values-directed behavior via the processes of mindfulness, acceptance, and committed action. ACT holds great promise for practitioners and educators working with children and adolescents struggling with OCD, anxiety, and other behavioral challenges. This workshop will review relevant theoretical and empirical literature supporting ACT-based interventions for children and young people. Adaptations for parents, school staff, children, and adolescents will be presented, and implications for the development and dissemination of ACT-based treatments within educational settings will be discussed. The workshop will also emphasize the importance of self-awareness, self-care, and the development of an ACT-based personal practice to maximize performance and prevent burnout.

Registration also available online:  
[www.nhaspweb.org](http://www.nhaspweb.org)

Directions:  
<https://grapponeconferencecenter.com/directions>

## Presenter



**Dr. Evelyn Gould** is a Clinical Behavior Analyst and Research Associate at the Child and Adolescent OCD Institute (OCIDI-Jr), at McLean Hospital | Harvard Medical School. The OCIDI-Jr is a residential and partial hospitalization program

for children and adolescents struggling with treatment refractory OCD and related disorders. Evelyn also has extensive experience working with families of children with autism across a variety of settings, and is a clinical consultant for FirstSteps for Kids in Los Angeles, and the New England Center for OCD and Anxiety in Boston. Evelyn is actively involved in research on parent and practitioner training, clinical assessment and treatment design, and behavioral interventions for parents and children. She is an Associate Editor of the Journal of Contextual Behavioral Science and is actively involved in a variety of Special Interest Groups and Task Forces within ABAI and ACBS.

## Continuing Education Credit

NHASP is a NASP-approved provider of CPD hours and Certificates of Attendance will be accepted toward NCSP. The New England Center for OCD and Anxiety is a BACB approved ACE provider #OP-19-2966 and will provide Certificates of Attendance to Board Certified Behavior Analysts for Type 2 CE credits. A total of 6 CE credits will be awarded for this event.

Registration also available online:  
[WWW.NHASPWEB.ORG](http://WWW.NHASPWEB.ORG)